**Ranking lists for Senior Men and Women**

To my knowledge this has never been attempted before so this is a provisional, draft list. I am sure there are missing entries but it has been very tricky to find results prior to 2004. Thanks to Francis Day and Michelle Vaughan for their help. These are all times achieved when athletes were members of ECH. Any additions please post on the club noticeboard or on the ECH History facebook page and they will be added to the list

<https://www.facebook.com/EastCheshireHarriersHistory>

Senior men

5km track and road combined.

|  |  |  |  |
| --- | --- | --- | --- |
| Simon Horsfield | Sale Sizzler | 2012 | 14:47 |
| Simon Horsfield | Sale Sizzler | 2010 | 14:49 |
| Martin McGann | ? | ? | 15:10 |
| Simon Horsfield | Sale Sizzler | 2010 | 15:15 |
| Joe Hudak | Podium | 2022 | 15.16 |
| Jason Dunkerley | Bowdon | 2010 | 15:22 |
| Gary Matthews | Rochdale | 1997 | 15:24 |
| Patrick Gardiner | Leigh | 2015 | 15:26 |
| Gary Matthews | Blackburn | 1997 | 15:27 |
| Gavin Hill | Sale Sizzler | 2011 | 15:27 |
| George Lewis | Podium | 2021 | 15:28 |
| Gavin Browne | Mid Cheshire | 2022 | 15.29 |
| Gavin Browne | Mid Cheshire | 2022 | 15.30 |
| Gavin Hill | Sale Sizzler | 2012 | 15:30 |
| Gavin Hill | Sale Sizzler | 2011 | 15:32 |
| Simon Horsfield | Halifax | 2008 | 15:32 |
| Jason Dunkerley | Horwich | 2010 | 15:39 |
| Tom McGuinness | York | 2017 | 15:39 |
| Gavin Hill | Stretford | 2011 | 15:40 |
| Tom McGuinness | Christleton | 2016 | 15:40 |
| Luke Piper | Mid Cheshire | 2019 | 15:44 |
| Tom McGuinness | Heslington | 2020 | 15:47 |
| Patrick Gardiner | Wrexham | 2013 | 15:48 |
| Gavin Browne | Sale Sizzler | 2022 | 15.48 |
| James Shaw | Ashton | 2007 | 15:49 |
| Tom McGuinness | Stretford | 2016 | 15:51 |
| Gavin Browne | Sale Sizzler | 2022 | 15.51 |
| Mussie Kassa | Glossop | 2018 | 15:51 |
| Gary Matthews | Blackburn | 2003 | 15:53 |
| Joe Hudak | Alexandra Park,Manchester | 2022 | 15.53 |
| Gavin Browne | Alexandra Park, Manchester | 2022 | 15.54 |
| James Shaw | Wigan | 2008 | 15:54 |
| Gary Matthews | Nelson | 2000 | 15:54 |
| Gavin Hill | Sale Sizzler | 2010 | 15:56 |
| Jason Dunkerley | Sale Sizzler | 2010 | 15:56 |
| Jason Dunkerley | Bolton | 2009 | 15:57 |
| Tom McGuinness | Long Eaton | 2017 | 15:57 |
| Luke Piper | Sale Sizzler | 2017 | 15:58 |
| Gavin Browne | Mid Cheshire | 2021 | 15:59 |
| Luke Piper | Sale Sizzler | 2017 | 16:00 |
| Stuart Heaton | Oldham | 2001 | 16:00 |
| Luke Piper | Sale Sizzler | 2018 | 16:01 |
| Luke Piper | Isle of Man | 2019 | 16:01 |
| James Shaw | Sale Sizzler | 2005 | 16:02 |
| James Shaw | Sale Sizzler | 2005 | 16:02 |
| Luke Piper | Sale Sizzler | 2016 | 16:02 |
| Stuart Heaton | Sale Sizzler | 2002 | 16:02 |

**10km road or track**

|  |  |  |  |
| --- | --- | --- | --- |
| Peter Berry | ? | ? | 30:01 |
| Gareth Raven | Manchester | 2001 | 30:16 |
| Dave Rigby | Oldham | 1986 | 30:39 |
| Patrick Gardiner | Ribble valley | 2014 | 30:44 |
| Patrick Gardiner | Arley | 2014 Nov | 30:48 |
| Gareth Raven | Birchwood | 2001 | 30:56 |
| Patrick Gardiner | Lytham | 2015 | 31:03 |
| Chris Birchall | Wakefield | 2000 | 31:11 |
| Simon Horsfield | Trafford | 2012 | 31:17 |
| Gavin Hill | Leeds Abbey Dash | 2012 | 31:20 |
| Gary Coxon | St Levan | 1990 | 31:22 |
| Patrick Gardiner | Arley | 2014 March | 31:23 |
| Patrick Gardiner | Manchester | 2015 | 31:25 |
| Andrew Jones | Leeds Abbey Dash | 2001 | 31:25 |
| Gary Matthews | East Cheshire | 1997 | 31:30 |
| Dave Rigby | Man City | 1985 | 31:36 |
| Gary Matthews | Birchwood | 1993 | 31:39 |
| Simon Horsfield | Manchester | 2011 | 31:39 |
| Joe Hudak | Trafford | 2022 | 31.40 |
| Gareth Raven | Southport | 1998 | 31:41 |
| Dave Rigby | Reebok | 1987 | 31:41 |
| Gareth Raven | Littleborough | 1998 | 31:44 |
| Gary Matthews | Salford | 1997 | 31:45 |
| Patrick Gardiner | Manchester | 2014 | 31:48 |
| Harry Kelly | ? | ? | 31:?? |
| Gary Matthews | Leeds | 1997 | 31:53 |
| Francis Day | Oldham | 1987 | 31:53 |
| Gareth Raven | East Cheshire | 1996 | 31:54 |
| Lee Sidebottom | East Cheshire | 1996 | 31:55 |
| Ian carter | Barnsley | 1985 | 31:57 |
| John Bernard | Clark | 1960’s? | 32:00 |
| Gary Matthews | Rochdale | 1997 | 32:00 |
| C Johnson | Winsford | 1989 | 32:03 |
| Martin Cruikshank | Oldham | 1987 | 32:06 |
| Martin Cruikshank | Rochdale | 1985 | 32:11 |
| Patrick Gardiner | Lytham | 2014 | 32:14 |
| Des Gibbons | Rochdale | 1988 | 32:15 |
| Patrick Gardiner | Bolton | 2014 | 32:20 |
| Andi Jones | Trafford | 2001 | 32:26 |
| Gary Matthews | Trafford | 2000 | 32:30 |
| Mark Ashton | East Cheshire | 1996 | 32:34 |
| Martin Cruikshank | Rochdale | 1987 | 32:37 |
| Andrew Jones | Manchester | 2001 | 32:39 |
| Stuart Heaton | Trafford | 2002 | 32:41 |
| Patrick Gardiner | Newcastle | 2014 | 32:42 |
| Gary Matthews | Birchwood | 1999 | 32:45 |
| Dave Barratt | Southport | 2019 | 32:47 |
| Stuart Heaton | Leeds Abbey Dash | 2001 | 32:48 |
| Gavin Browne | Salford | 2022 | 32.48 |
| Gavin Browne | Ribble Valley | 2021 | 32:52 |
| Stuart Heaton | Trafford | 2003 | 32:53 |
| Gavin Hill | Manchester | 2011 | 32:54 |
| M Burgess | Rochdale | 1980 | 32:54 |
| Gary Matthews | Leeds Abbey Dash | 2001 | 32:54 |
| Gavin Browne | Wilmslow | 2022 | 32.56 |
| Patrick Gardiner | Manchester | 2013 | 32:59 |
| Gavin Browne | Ribble Valley | 2022 | 33.00 |
| Gavin Hill | Salford | 2011 | 33:05 |
| Ian Carter | Rochdale | 1985 | 33:07 |
| James Shaw | Leeds | 2006 | 33:21 |
| Paul Backhouse | Trafford | 2009 | 33:12 |
| James Shaw | Trafford | 2007 | 33:14 |
| Gavin Browne | Greater Manchester | 2022 | 33.14 |
| Tom McGuiness | Warrington | 2016 | 33:18 |
| Gary Matthews | Manchester | 2005 | 33:20 |
| Jason Dunkerley | Llandudno | 2010 | 33:22 |
| Paul Backhouse | Trafford | 2008 | 33:26 |
| Gary Matthews | Trafford | 2002 | 33:30 |
| Gary Matthews | Salford | 2007 | 33:32 |
| Gavin Hill | Manchester | 2010 | 33:39 |
| Paul Backhouse | Salford | 2007 | 33:42 |
| Luke Piper | Isle of Man | 2019 | 33.55 |
| George Lewis | Rother Valley | 2018 | 33:55 |
| Dennis Matthews | Trafford | 2002 | 34:09 |
| George Lewis | Tatton Park | 2020 | 34:10 |
| Gavin Browne | Mossley | 2022 | 34.12 |
| Gavin Browne | Ribble Valley | 2019 | 34:14 |
| Dennis Matthews | Birchwood  | 1995 | 34:19 |
| Mark Creighton | Trafford | 2002 | 34:23 |
| Kevin Jowett | Cheshire | 2015 | 34:28 |
| Simon Grundy | Middleton | 2010 | 34:34 |
| George Lewis | Trafford | 2017 | 34:34 |
| Liam Browne | Salford | 2022 | 34.35 |

**Half marathon**

|  |  |  |  |
| --- | --- | --- | --- |
| Gareth Raven | Wilmslow | 1999 | 67:04 |
| Dave Rigby | Ashton | 1985 | 68:10 |
| Dave Rigby | Bath | 1987 | 68:22 |
| Chris Birchall | Wilmslow | 2004 | 68:49 |
| Andi Jones | Great North Run | 2001 | 68:53 |
| Martin McGann | ? | ? | 69.10 |
| Gareth Raven | Wilmslow | 1998 | 69:23 |
| Gary Matthews | Wilmslow | 1997 | 69:51 |
| C Johnson | Wilmslow | 1990 | 69:56 |
| Francis day | Wilmslow | 1986 | 70:11 |
| Dave Rigby | Barnsley | 1987 | 70:16 |
| Stuart Heaton | Wilmslow | 2002 | 70:18 |
| Lee Grantham | Seville | 2014 | 70:18 |
| Dave Rigby | Ashton | 1987 | 70:20 |
| Lee Grantham | Jaen,Spain | 2017 | 70:20 |
| Lee Hurst  | Wilmslow | 1994 | 70:20 |
| Lee Grantham | Granada | 2015 | 70:24 |
| Gary Matthews | Wilmslow | 1998 | 70:28 |
| Dave Crookes | Saddleworth | 1990 | 70:29 |
| Ian Carter | Oldham | 1983 | 70:34 |
| Gary Matthews | Wilmslow | 2000 | 70:55 |
| Lee Grantham | Fuengirola | 2016 | 71:21 |
| Gary Matthews | Helsby 4 villages | 1999 | 71:23 |
| Gary Coxon | Sale | 1988 | 71:29 |
| Gary Matthews | Wilmslow | 2002 | 71:39 |
| Gary Matthews | Wilmslow | 1994 | 71:39 |
| Lee Grantham | Marbella | 2016 | 71:40 |
| Stuart Heaton  | Wilmslow | 2003 | 71:49 |
| Ian Carter | Wilmslow | 1985 | 71:53 |
| C Johnson | Saddleworth | 1990 | 71:55 |
| Andrew Jones | Leeds | 2001 | 72:01 |
| Gary Matthews | Wilmslow | 1990 | 72:02 |
| Lee Grantham | Malaga | 2012 | 72:04 |
| Andrew Jones | Wilmslow | 2000 | 72:12 |
| Gary Matthews | Wilmslow | 2003 | 72:14 |
| Alan Carroll | Saddleworth | 1989 | 72:16 |
| Andrew Jones | Buxton | 2001 | 72:23 |
| Harry Kelly | Wilmslow | 1986 | 72:30 |
| Alan Carroll | Wilmslow | 1993 | 72:37 |
| Gavin Browne | Wilmslow | 2022 | 72.44 |
| Danny Vaughan | Wilmslow | 2003 | 72:53 |
| Alan Carroll | Saddleworth | 1990 | 73:02 |
| Gary Matthews | Swinton | 2002 | 73:08 |
| John Fletcher | Wilmslow | 2000 | 73:11 |
| Lee Grantham | Norway | 2017 | 73:28 |
| Gary Matthews | Wilmslow | 1993 | 73:29 |
| Scott Matthews | Blackpool | 2018 | 73.33 |
| Francis Day | Bath | 1991 | 73:33 |
| Patrick Gardiner | Humber Bridge | 2014 | 73:35 |
| Gary Matthews | Wilmslow | 1999 | 73:36 |
| Paul Backhouse | Wilmslow | 2011 | 73:38 |
| Dave Mellor | Wilmslow | 1990 | 73:42 |
| M Cruikshank | Saddleworth | 1989 | 73:45 |
| Gary Matthews | Wilmslow | 2007 | 73:47 |
| Francis Day | Wilmslow | 1993 | 73:51 |
| Lee Grantham | Granada | 2018 | 73:58 |
| Danny Vaughan | Chester | 2003 | 74:00 |
| Paul Backhouse | Wilmslow | 2007 | 74:08 |
| Martin Cruikshank | Saddleworth | 1990 | 74:12 |
| George Lewis | Retford | 2020 | 74:14 |
| Paul Backhouse | Wilmslow | 2009 | 74:16 |
| Gary Matthews | Swinton | 2001 | 74:22 |
| Gary Coxon | Wilmslow | 1988 | 74:23 |
| Gary Coxon | Wilmslow | 1993 | 74:30 |
| Phil Jacques | Wilmslow | 1992 | 74:37 |
| Phil Jacques | Wilmslow | 1993 | 74:46 |
| Francis Day | Wilmslow | 1992 | 74:52 |
| Simon Grundy | Wilmslow | 2010 | 75:05 |
| Rick Smith | Wilmslow | 1992 | 75:06 |
|  |
| **Marathon** |  |  |  |
| Chris Birchall | Chicago | 2002 | 2:18:57 |
| Lee Grantham | London | 2017 | 2:21:43 |
| Gary Matthews | Rotterdam | 1992 | 2:22:32 |
| Martin Cruikshank | London | 1983 | 2:24:29 |
| Lee Grantham | Seville | 2014 | 2:24:42 |
| Gary Matthews | Malta | 1992 | 2:25:30 |
| Francis Day | Manchester | 1982 | 2:27:55 |
| Francis Day | Cleveland | 1980 | 2:28:03 |
| Gary Matthews | London | 1991 | 2:28:25 |
| Francis Day | London | 1987 | 2:29:06 |
| Francis Day | Huddersfield | 1977 | 2:29:23 |
| Francis day | London | 1986 | 2:29:23 |
| Gary Matthews | Berlin | 1991 | 2:29:31 |
| Francis Day | Stockport | 1982 | 2:29:36 |
| Gary Matthews | Dublin | 1991 | 2:30:11 |
| Gary Matthews | Manchester | 1997 | 2:30:26 |
| Francis Day | Manchester | 1973 | 2:30:27 |
| Gary Matthews | Benidorm | 1991 | 2:30:58 |
| Lee Grantham | Madrid | 2019 | 2:30:59 |
| Lee Grantham | Chang Mai | 2015 | 2:31:04 |
| Ian Carter | Manchester | 1984 | 2:31:43 |
| M Cruikshank | Manchester | 1982 | 2:32:27 |
| Gary Matthews | Manchester | 1998 | 2:32:36 |
| Ian Carter | London | 1985 | 2:33:05 |
| Lee Grantham | Sweden | 2017 | 2:33:14 |
| Lee Grantham | Vietnam | 2018 | 2:33:58 |
| RB Cooper | Manchester | 1982 | 2:34:14 |
| Gary Matthews | Manchester | 2002 | 2:34:27 |
| Martin McGann | ? | ? | 2:34:34 |
| Ian Carter | London | 1986 | 2:34:37 |
| F Ashton | Manchester | 1973 | 2:34:39 |
| Gary Matthews | Benidorm | 2005 | 2:35:55 |
| Gary Matthews | London | 2001 | 2:37:50 |
| Lee Grantham | Madrid | 2022 | 2.38.45 |
| Dave Mellor | Benidorm | 2002 | 2.39.00 |
| Mikko Kuronen | London | 2005 | 2:39:30 |
| John Sloan | Chester | 2012 | 2:39:46 |
| Danny Vaughan | London | 2002 | 2:39:57 |
| Harry Kelly | Berlin | ? | 2:41 |
| Gary Coxon | London | 1991 | 2:43:42 |
| Stuart Heaton | London | 2004 | 2:44:31 |
| Liam Browne | Manchester | 2021 | 2.46.02 |
| Gavin Browne | London | 2021 | 2.47.03 |
| Robin Horner | Manchester | 2022 | 2.47.15 |